

# ESSIC Annual Meeting 2015

September 17-19, 2015  
A. Gemelli - Catholic University - Rome

Meeting Chair: Mauro Cervigni

Vatican Museums | Rome - Italy

SAVE  
THE  
DATE

17-19  
September  
2015

ROME

Meeting Chair  
Mauro Cervigni

**ESSIC**  
INTERNATIONAL SOCIETY  
FOR THE STUDY OF IBS

International Society for the Study of Interstitial Cystitis/Bladder Pain Syndrome

**defoe**  
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# SCIENTIFIC PROGRAMME



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*The ESSIC has been founded in 2004 and since then, promoted and developed the knowledge of the Interstitial Cystitis among the few European experts and European scientific societies. During the years the Society did a great and successful job, even though at the beginning with some difficulty, on the changing of the nomenclature; as well as creating a linking with other scientific organizations outside Europe (US, Asia), including the organization of some joint meetings.*

*Nowadays some international Organizations (AUA, ICI, EAU) proposed some Guidelines for Bladder Pain Syndrome/Interstitial Cystitis (BPS/IC) to the scientific international community, without giving specific details.*

*Until now the ESSIC focused mainly on BPS/IC assessment. This Annual Meeting represents a pivotal meeting for our Society trying to delineate a global proposal for guidelines as a manual approach. The idea is to organize some lectures focused on the "hot topic" and then a final draft with the algorithms of the single arguments in the near future.*

## SCIENTIFIC PROGRAMME

### THURSDAY, SEPTEMBER 17<sup>th</sup>, 2015

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14.00	Registration	
14.15	Welcome and Introduction	

### 1<sup>st</sup> SESSION | Preliminary remarks and assessment 1 CME 55'

14.30	Where are we today?		15'
14.45	The complexity of Chronic Pelvic Pain		15'
15.00	Why ESSIC uses the name BPS		10'
15.10	Q&A		15'

### 2<sup>nd</sup> SESSION | Preliminary remarks and assessment 2 CME 35'

15.25	The MAPP program		10'
15.35	Phenotyping: how can you prove the value?		10'
15.45	Q&A		15'

### 16.00 – 16.30 COFFEE BREAK

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16.30	ABSTRACT SESSION Oral / Poster / Video Communications		60'
17.30	1 <sup>st</sup> Day Closing		

## FRIDAY, SEPTEMBER 18<sup>th</sup>, 2015

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<b>3<sup>rd</sup> SESSION   Diagnosis 1</b>	<b>CME 1h 40'</b>
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08.30	The "coating": a passive or an active element?		20'
08.50	The neurogenic component of BPS/CPPS		15'
09.05	The GI apparatus and its interferential role on the associated symptoms		15'
09.20	Associated rheumatic conditions (Fibromyalgia, Chronic Fatigue Syndrome, Sjogren Syndrome)		15'
09.35	Pelvic floor: the posture and associated disorders (TMJ Syndr. etc.)		20'
09.55	Q&A		15'

<b>4<sup>th</sup> SESSION   Diagnosis 2</b>	<b>CME 1h 15'</b>
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10.10	Vulvodynia: an isolated gynecologic condition or a possible consequence of BPS?		10'
10.20	Pudendal neuropathy: a confusable disease		10'
10.30	Pelvic endometriosis: a confusable disease		10'
10.40	The CPP and dyspareunia: its impact on pat's sexuality		20'
11.00	The emerging role of BPS in the male population		10'
11.10	Q&A		20'

### 11.30 – 12.00 COFFEE BREAK

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12.00	ABSTRACT SESSION Oral / Poster / Video Communications		30'
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12.30	Sponsored Symposium (TBC)		60'
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### 13.30 – 14.30 LUNCH

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<b>5<sup>th</sup> SESSION   Diagnosis 3</b>	<b>CME 1h 15'</b>
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14.30	The functional and neurophysiologic assessment		15'
14.45	Bio-Markers still far to be a diagnostic test?		10'
14.55	Cysto-Hydrodistension: the way I do it ESSIC proposal		20'
15.15	The histologic assessment: ESSIC criteria		15'
15.30	Q&A		15'
15.45	Annual General Meeting & Coffee		60'
16.45	2 <sup>nd</sup> Day Closing		

**6<sup>th</sup> SESSION | TREATMENT 1**

**CME 50'**

09.00	Pain control is mandatory		15'
09.15	The "coating" problem and its management		15'
09.30	The mastocytosis: should it guide treatment?		10'
09.40	Q&A		10'

**7<sup>th</sup> SESSION | TREATMENT 2**

**CME 1h 40'**

09.50	Round Table. Focus on neuro-stimulation Sacral/Tibial/Deep Magnetic Brain		40'
10.30	Which the role of Botox on BPS/IC patients		40'
11.10	Q&A		20'

**11.30 – 12.00 BRUNCH**

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**8<sup>th</sup> SESSION | TREATMENT 3**

**CME 40'**

12.00	The management of Hunner lesions		10'
12.10	Hyperbaric Oxygen treatment		10'
12.20	The role of surgery		10'
12.30	Q&A		10'

**9<sup>th</sup> SESSION | Patients Organizations**

**CME 1h 30'**

12.40	The International Bladder Foundation Patients Organization		15'
12.55	Welfare reimbursement and disability recognition Law NR.104: an Italian model		15'
13.10	An international registry for BPS: a future option or an utopia ?		10'
13.20	Q&A		20'
13.40	ESSIC management of BPS Patients		15'
13.55	CONCLUSIONS		15'

**14.10 Closing**

**TOT CME HOURS: 10**

## **ESSIC EXECUTIVE COMMITTEE**

Jean-Jacques Wyndaele, President (Antwerp, Belgium)

Mauro Cervigni, Vice President (Rome, Italy)

Joop P van de Merwe, Secretary|Treasurer (Rotterdam, the Netherlands)

Jørgen Nordling, Member, (Copenhagen, Denmark)

Phil Hanno, Member (Philadelphia, USA)

Magnus Fall, Member (Göteborg, Sweden)

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B. Dionisi

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P. van Kerrebroeck

A. van Ophoven

K. Whitmore

J. J. Wyndaele

A. Zaitcev

## **CME POINTS**

This course is accredited for 200 participants. CME points are available for Italian Gynecologists, Urologists, Surgeons and Nurses, Physiotherapists interested in the management of BPS.

Italian CME credits assignment is subordinate to the attendance of the event, to the return of the event evaluation form, and to the positive outcome of the final evaluation test, for which each participant shall answer properly 75% of the proposed questions.

## **SPONSORED SYMPOSIA**

Sponsored Lectures and Symposia are available upon request. Please contact the Organizing Secretariat by email to [essic@defoe.it](mailto:essic@defoe.it) , within 15<sup>th</sup> March 2015.

## **SPONSORS & EXHIBITORS**

Companies interested in sponsoring or exhibiting at the event are invited to contact the organizing secretariat.

## REGISTRATION

Send registration form to the organizing secretariat together with the receipt of payment, made before 01 September 2015. After this date, registration will still be possible during the event, until reaching the maximum number of participants.

REGISTRATION COSTS	Until 31 July	After 31 July
MD, MhD	€ 350,00*	€ 450,00*
MD, MhD (ESSIC Members)	€ 300,00*	€ 400,00*
Nurse & Care Workers	€ 200,00*	€ 300,00*
Nurse & Care Workers (ESSIC Member)	€150,00*	€ 250,00*
Students & Residents	€150,00*	€ 250,00*
Patients	€ 50,00*	€ 50,00*

\* Fee is meant for each person, in Euros, VAT free. The registration fee includes: certificate of attendance, CME related forms, coffee breaks and lunch, free entrance to the exhibition area.

## HOTEL

For hotel reservations please contact the organizing secretariat.

## Organizing Secretariat and CME Provider



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