



10.12 December 2015

# III Annual Meeting



Ljubljana • Slovenia

MIPS Chair  
Adolf Lukanovic

Cankarjev Dom  
Culture and Congress Centre

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natalia.trotta@mipsnet.org

## Topics

### SURGICAL TREATMENT OF FEMALE SUI

Occult SUI/Conventional procedures  
Female tapes (TVT, TVTO, Minislings)  
Bulking agents  
Artificial sphincter  
Stem Cells research for urethral shincter regeneration  
Laser thermotherapy

### SURGICAL MANAGEMENT OF FEMALE POP: TECHNICAL ENDPOINTS AND EB

Vaginal surgery  
Conventional Laparoscopic Sacral Colpo Hysteropexy  
Robotic Sacral Colpo Hysteropexy  
Laparoscopic Sacral Rectopexy

### TREATMENT OF FEMALE OAB: TECHNIQUE, RESULTS AND FOLLOW UP

Conservative management  
Pharmacotherapy  
Botulinum Toxin A  
Neuromodulation

### ESTHETIC GYNECOLOGIC SURGERY

Anatomy-g point myth or reality  
Labiaplasty  
Fillers  
Anti-aging  
Ethical limits and complications of esthetic genital surgery

### PELVIC CHRONIC PAIN

Anatomy  
Physiotherapy  
Surgery

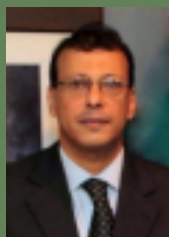
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# Welcome Messages



Dear Friends and Colleagues,

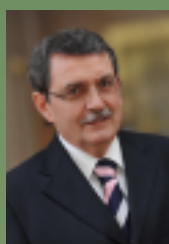
It gives me great pleasure as the Chairman of the Executive Board to invite you to the Third MIPS Annual meeting. The venue is the beautiful city of Ljubljana, Slovenia, famous for its central location, bridges, surrounding caves and historical monuments. The meeting will be held on 10-12 December, 2015 in the state of the art Culture and Congress Centre of Ljubljana "Cankarjev Dom".

Congratulations to our Host Chair: Professor Adolf Lukanovic who will definitely organize an excellent meeting to build on the outstanding success of MIPS 2013 in Noto, Sicily and MIPS 2014 in Nimes, France. This year, there will be pre-meeting hands-on workshops day again. Our scientific and education committees chaired by Dr. Brigitte Fatton and Professor Fulya Dokmeci, respectively, will ensure that the scientific programme is specific to physician educational needs, training priorities and patient care in our Mediterranean countries. Similar to MIPS Nimes, there will be a dedicated session to urinary incontinence in men as well as the usual two sessions for podium and video presentations. I advise our young colleagues, whether fellows or residents, to use this opportunity to share their research findings with Mediterranean colleagues. Moreover, there will be two awards for the best basic science and clinical presentation. The two winners will receive free MIPS annual subscription for 2016 as well as free registration for MIPS 2016. The Meeting Chair and our Executive Director, Ms. Natalia Trotta, with the assistance of the local organizing committee have organized a very interesting social programme for attendees and spouses. We are currently working on the scientific programme and hope to publish the first announcement by the second week of February on the website.

As a distinguished leader in incontinence and pelvic floor care in your Mediterranean country, we would like to cordially invite you to attend our third annual meeting to contribute to our mission. This is an occasion to further the scientific interaction and friendship between incontinence physicians working in the Mediterranean region with a consequent positive impact on incontinence care and service delivery to our patients. Your participation in the Business Annual General Meeting of Members is very important to us because we want to listen to your views and ideas.

Adolf, Natalia and I are very much looking forward to welcome you in Ljubljana in December, 2015!

Diaa Rizk | Chairman of the Executive Board



It is my great pleasure and honor to invite you to the Third Annual meeting of MIPS which will be held this year in Ljubljana.

We are proud to host experts from Mediterranean countries and all around the world and give you the opportunity to share experiences and discuss clinical problems in urogynecology.

The aim of the meeting is to illuminate the trends and new approaches in the field of urogynecology. The topics of the meeting are giving a broad view of the scientific principles and practical standpoints and new developments in this field of medicine. The meeting will bring together clinical experts of different specialties, healthcare professionals from different disciplines and physiotherapists from different Mediterranean countries who will focus on the importance of the diagnostic protocols in the age of evidence based medicine.

I am convinced that the lectures will introduce the importance of urogynecology and will encourage the international dialogue between renowned experts. Finally, the meeting will feature oral poster presentations which will allow young colleagues to enroll in presentation of the field of urogynecology from office to research. The local organizing committee is working hard to ensure a varied, interesting and exciting meeting programme.

We aim to bridge the knowledge of the past with the ongoing rapid developments in the field of urogynecology and bring it to the Mediterranean region.

It seems that Slovenia is maybe small, but we promise you, that this meeting will be great. And I am adding more than that: we are looking forward that this meeting will be an extremely rewarding and enjoyable experience for all of us.

We guarantee that you will enjoy yourself in the pleasant atmosphere of this historical small city with its special charming atmosphere in the advent time in December. Apart from scientific programme you will have the opportunity to meet less formally and to talk about your work and tips and tricks of your clinical practice. Visit us. We are not far away, we are situated in the heart of Europe.

Adolf Lukanović | MIPS Meeting Chair